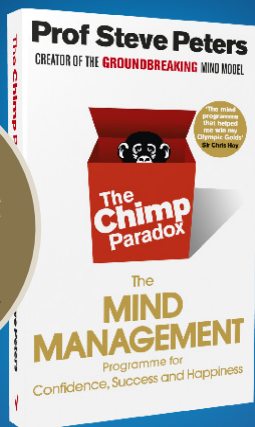


CHIMP PARADOX - AUTUMN EVENING CLASSES

Meeting with others
to understand the
mind and get the
best out of yourself.

The best selling
Self-development &
Business book over
the past 5 years.
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Relaxed friendly atmosphere to learn practical ways
of managing emotions, behaviours and thinking.

Venues
across UK
Various dates
& times



Chimp Management Ltd

Psychological skills mentoring

The series of five evening workshops will enable you to better understand your mind and apply this practically.

These classes will help interested people of any age to meet others, have a mentor guided discussion and inspirational experience. In a relaxed friendly atmosphere, learn how to manage emotions, behaviours and thinking to get the best out of yourself and others.

Topics for each week are:

- Understanding the mind
- Changing behaviours and beliefs
- Stability and confidence
- Communication and Relationships
- Plans going forward (including your takeaway practical plan for change)

The Chimp Paradox Autumn Series

Dates: Weekly October - December depending on venue

Costs: £130 / programme - 2017 introductory price

Time: 18:30 - 20:30

Locations: Including London N & S, Birmingham, Edinburgh, Glasgow, Lincoln, Liverpool, Manchester, Oxford, Peterborough, Sheffield, Nottingham, and Buxton.

Bookings or Further details:

[www.chimpmanagement.com
product-category/events/](http://www.chimpmanagement.com/product-category/events/) (Bookings)

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